

THE WELL-BEING OF FUTURE GENERATIONS ACT CHILDREN AND YOUNG PEOPLE'S CONFERENCE

Thursday, 22nd March 2018
Merthyr Tydfil College



Student Conference March 2018

On March 22nd 2018 we held a joint secondary and primary student conference for our children and young people to learn about the **Wellbeing of Future Generations Act** and how this will impact on them.

There was representation from 3 of our secondary schools, 13 primary schools and our Special school. This included representation from both English and Welsh medium schools, faith schools and from pupils for whom English is an additional language. The conference was held at Merthyr College, where as usual we were well looked after. We also enjoyed a musical recital from some of our pupils.

Wales is facing some big challenges and in order to address these challenges, we know we cannot keep doing things in the way we always have. We have to do things differently to make things change. That is why we have a new law in Wales, called the Well-being of Future Generations Act.

Wales is one of the first countries to introduce a law like this. The Act says that 44 public bodies, such as Local Authorities (like Merthyr Tydfil Council), the NHS, Fire and Rescue and others, must work together towards seven Well-being goals.

During workshops sessions we looked at the seven Well-being goals ; to see what is working well now and what could be improved.

The seven Well-being goals

- A prosperous Wales - where everyone has jobs and there is no poverty
- A resilient Wales - where we are prepared for things like floods and individual resilience
- A healthier Wales - where everyone is healthier and are able to see the doctor when they need to; and more able to help themselves
- A more equal Wales - where everyone has an equal chance whatever their background
- A Wales of cohesive communities - where communities can live happily together
- A Wales of vibrant culture and a thriving Welsh language - where we have lots of opportunities to do different things and where lots of people can speak Welsh
- A globally responsible Wales - where we look after the Environment and think about other people around the World.

The Future Generations Commissioner is the person that will make sure public bodies are working towards the Well-being goals. This is the role of Sophie Howe, who was able to attend and make a welcoming speech as well as listening to what you had to say. Councillor Lisa Mytton, who made the opening speech and Gareth Chapman, the Chief Executive of Merthyr, who gave the closing speech, also attended to hear what you had to say. So let's hear what you had to say...

A Prosperous Wales - where everyone has jobs and there is no poverty.



What is going well now

- School council, pupil voice
- Fitness clubs
- Food outlets
- Free swimming
- Parks; sports fields; astro turf

Moving Forward - What could be improved

- Less litter and more recycling
- More youth clubs; sporting activities for girls e.g. football; junior park run
- Better transport, especially later at night
- Address homelessness, more housing support
- Access to fast reliable broadband



A Resilient Wales - where we are prepared for things like floods and individual resilience.

What is going well now

- Social media/Search engines for information regarding our resilience
- Efforts made to recycle at home increased over the years
- Litter picking and community involvement to help keep the environment clean and tidy
- Spending time with friends and family, these are important to our personal resilience
- Sharing resources like the mental health project by MTBWYF so we have more information to support ourselves
- Solar panels and wind turbines

Moving forward - What could be improved

- Virtual reality hubs for information and exploration
- People can understand the world around them better without having to travel to see the effect we have on our planet
- More alternative renewable energy sources, e.g. wind turbines, solar panels, hydro energy conductors
- Social media for young people that only allows access to under 18's to safeguard young people
- Park and charge spaces for electric cars
- Access for all sites for information, Guidance and Assistance/also information around public services
- Healthy foods and fresh foods need to be more affordable
- ELSA (Emotional Learning Support Assistants) for all schools
- More choice in education
- More apprenticeships
- More opportunities for free exercise clubs for young people
- Food plans and kits/how to guides for storing food in cold and dangerous weather and how much to store



A Healthier Wales - where everyone is healthier and are able to see the doctor when they need to; and more able to help themselves.



What is going well now

- Support for mental health and physical health in school
- Student Assistance Programme (SAP)
- ELSA
- School based councillor
- Outdoor sports/parks
- Good advertising for walks and parks
- Sports facilities
- Relationship based play

Moving forward - What could be improved

- More funding for PE equipment
- More hours for PE lessons in schools
- Better access to mental health crisis teams
- Multi use streets-promoting cycling
- Promotion of healthier ways to cook
- More youth provision
- Restaurants serving healthier food
- Better access to G.P. services
- Cheaper gym and swimming in sports facilities
- More cures for illnesses





**A More Equal Wales -
where everyone has an
equal chance whatever
their background.**

What is going well now

- Everyone has a voice in school (pupils as well as adults)
- Teachers listen to pupils
- Restorative approaches are used in schools
- Everyone is allowed to vote in school for different things

Moving forward - What could be improved

- Everyone to have the same opportunities to access higher education
- Government to support young people with pay
- More education regarding discrimination
- All pupils to be treated the same
- Everyone should have the right to marry whoever they want
- Prisoners should be allowed to vote in elections



A Wales of Cohesive Communities - where communities can live happily together.



What is going well now

- Friends and family
- Corner/local shops
- Parks
- Clubs, youth clubs, athletic clubs, after school clubs, brownies/scouts
- Playing fields
- Lido in Pontypridd/leisure centres
- Woodlands/green spaces
- Trains and buses close to home
- Different nationalities/people with different languages living in the same community
- “Merthyr is unique”
- Healthy activities in schools
- Transition to high school
- Welsh Bacalaureate activities

Moving forward - What could be improved

- More green spaces/provision of community gardens
- More jobs but not at the expense of green spaces
- Promoting electric cars
- Cleaner community
- Transport - more routes, longer hours, more connections
- Better street lighting
- Better pathways
- Better shops
- “Culture clubs/shops”
- More clubs for girls and more mixed clubs
- More choice with sports, e.g. hockey
- Using school facilities for community groups
- More joint events with other schools
- More school trips
- Life skills lessons in school
- More focus on awareness raising lessons in school around political/religious awareness, LGBT and mental health issues in young people
- Promoting healthy eating - all schools should be healthy schools
- Development of young leaders
- More special/additional needs provisions - “nurture” classes, specialised staff
- New computers and updated software for schools
- “Making videos/films to promote our ideas”

A Wales of vibrant culture and a thriving Welsh language - where we have lots of opportunities to do different things and where lots of people can speak Welsh.

What is going well now

- Welsh as a GCSE option
- Welsh primary schools
- The Urdd Centre
- Esitoddod festival and it's work in schools
- Out of county transport to Welsh schools

Moving forward - What could be improved

- Welsh comprehensive needed in Merthyr Tydfil to improve the welsh speaking community
- Encourage comprehensive schools to use Welsh in assemblies
- Work with shops and communities to encourage them to speak Welsh and advertise that they have Welsh speakers
- More Welsh celebrations - use global village for a Welsh platform
- Better marketing around the Soar and the opportunities there
- Develop tourism in Merthyr to be bilingual and develop our cultural history
- More activities in Welsh for young people



A globally responsible Wales - where we look after the Environment and think about other people around the World.

What is going well now

- Re-using paper
- Recycling paper, plastic, cardboard
- Recycling food waste
- More aware about turning off electricity, e.g. lights and computers
- Buying second hand furniture and clothes
- Growing your own vegetables
- Sending clothes to clothes banks to help others

Moving forward - What could be improved

- To be more mindful of others
- To be more responsible for your own pollution, e.g. litter, noise
- Improved mind set where reusing, recycling and reducing is the norm
- To buy less new items, e.g. to restore second hand furniture and alter second hand clothes
- To recycle more water, e.g. use water butts
- Improved public transport, more cycle lanes and car sharing, and improved footpaths to encourage a healthy and more environmentally friendly lifestyle
- More storage for bicycles to encourage cycling
- Less plastic packaging
- Book swaps, more use of the library
- More shops to sell loose fruit and vegetables
- Electric cars
- Solar panels fitted on more houses
- To be more aware of our global footprint
- To buy locally and when fruit and vegetables are in season
- More supermarkets to sell “imperfect” fruit and vegetables
- Using refillable containers for hot and cold drinks
- Using less sprays, e.g. deodorant, hairspray - alternatives to be sought
- Glass milk bottles instead of plastic
- More water fountains to top up drinks



Notes

Please use this page for making notes. We shall look forward to hearing any further comments from you.

CYNHADLEDD DEDDF LLESIANT CENEDLAETHAU'R DYFODOL PLANT A PHOBL IFANC

Dydd Iau, 22 Mawrth 2018
Coleg Merthyr Tudful



Cynhadledd Myfyrwyr Mawrth 2018

Ar 22 Mawrth 2018, cynhaliom gynhadledd ar y cyd i fyfyrwyr cynradd ac uwchradd ar gyfer ein plant a'n pobl ifanc er mwyn eu dysgu am Ddeddf Llesiant a Chenedlaethau'r Dyfodol a sut y bydd yn effeithio arnoch chi.

Cafwyd cynrychiolaeth o dair o'n hysgolion uwchradd, 13 ysgol gynradd a'n Hysgol Arbennig. Roedd hyn yn cynnwys cynrychiolaeth gan ysgolion cyfrwng Cymraeg a Saesneg, ysgolion ffydd a disgyblion y mae'r Saesneg yn iaith ychwanegol iddynt. Cynhaliwyd y gynhadledd yng Ngholeg Merthyr, ble y cawsom groeso da yn ôl eu harfer. Gwnaethom ni hefyd fwynhau datganiadau cerddorol gan rai o'n disgyblion.

Mae Cymru'n wynebu rhai heriau mawr ac er mwyn mynd i'r afael â'r heriau hyn, fe wyddom na allwn barhau i wneud pethau yn yr un ffordd ag yr ydym wedi bod yn ei wneud erioed. Rhaid i ni wneud pethau'n wahanol er mwyn gwneud i bethau newid. Dyna pam fod gennym gyfraith newydd yng Nghymru, o'r enw Deddf Llesiant a Chenedlaethau'r Dyfodol.

Cymru yw un o'r gwledydd cyntaf i gyflwyno deddf fel hon. Mae'r Ddeddf yn datgan fod yn rhaid i 44 corff cyhoeddus, fel Awdurdodau Lleol (fel Cyngor Merthyr Tudful), y GIG, Tân ac Achub ac eraill gydweithio tuag at saith Nod Llesiant.

Yn ystod sesiynau gweithdy edrychom ar y saith Nod Llesiant, i weld beth sy'n gweithio'n dda nawr a beth ellir ei wella.

Y Saith Nod Llesiant

- Cymru Lewyrchus - Ble mae gan bawb swydd a ble nad oes unrhyw dlodi
- Cymru Gydnerth - Ble'r ydym yn barod am bethau fel llifogydd a chydnerthedd unigol
- Cymru Iachach - Ble mae pawb yn iachach ac yn gallu gweld y meddyg pan fo'r angen; ac yn fwy parod i'w helpu eu hunain
- Cymru fwy cyfartal - Ble mae pawb yn cael yr un cyfle waeth beth yw eu cefndir
- Cymru o gymunedau cydlynus - ble gall gymunedau gydfyw'n hapus
- Cymru â diwylliant bywiog ble mae'r Gymraeg yn ffynnu - Ble mae gennym lawer o gyfleoedd i wneud gwahanol bethau a ble y gall llawer o bobl siarad y Gymraeg
- Cymru sy'n gyfrifol ar lefel byd eang - Ble'r ydym yn gofalu ar ôl yr amgylchedd ac yn meddwl am bobl eraill o gwmpas y byd

Mae Comisiynydd Cenedlaethau'r Dyfodol yn berson a fydd yn sicrhau fod cyrff cyhoeddus yn gweithio tuag at y Nodau Llesiant. Rôl Sophie Howe yw hon, a oedd yn gallu bod yn bresennol a rhoi araith croesawu yn ogystal â gwranddo ar yr hyn oedd gennych i'w ddweud. Roedd y Cynghorydd Lisa Mytton, a draddododd yr araith agoriadol a Gareth Chapman, Prif Weithredwr Merthyr, a draddododd yr araith i gloi, hefyd yn bresennol i glywed beth oedd gennych chi i'w ddweud. Felly beth am glywed beth oedd gennych i'w ddweud...

Cymru Lewyrchus - Ble mae gan bawb swydd a ble nad oes unrhyw dlodi.



Beth sy'n gwneud yn dda nawr

- Cyngor yr ysgol, llais disgyblion
- Clybiau ffitrwydd
- Allfeydd bwyd
- Nofio am ddim
- Parciau, caeau chwarae, astro-dywarch

Symud ymlaen - Beth ellir ei wella

- Llai o sbwriel a rhagor o ailgylchu
- Rhagor o glybiau ieuenctid; gweithgareddau chwaraeon i ferched e.e. pêl-droed; 'park run' iau;
- Gwella trafnidiaeth, yn enwedig yn hwyrach gyda'r nos
- Mynd i'r afael â digartrefedd, rhagor o gefnogaeth o ran tai
- Mynediad at fand eang cyflym a dibynadwy



Cymru Gydnherth - Ble'r ydym yn barod am bethau fel llifogydd a chydnerthedd unigol.

Beth sy'n gwneud yn dda nawr

- Cyfryngau cymdeithasol / injan chwilio am wybodaeth ynghylch ein cydnherthedd
- Ymdrechion a wnaed i ailgylchu yn y cartref wedi cynyddu dros y blynyddoedd
- Casglu sbwriel ac ymglymiad cymunedol i helpu i gadw'r amgylchedd yn lân a thaclus
- Treulio amser gyda ffrindiau a theulu, mae'r rhain yn bwysig ar gyfer ein cydnherthedd personol
- Rhannu adnoddau fel y prosiect iechyd meddwl gan MTBWYF fel bod gennym rhagor o wybodaeth i gefnogi ein hunain
- Paneli solar a thyrbinau gwynt

Symud ymlaen - Beth ellir ei wella

- Canolfannau gwirionedd rhithwir ar gyfer gwybodaeth ac archwilio
- Gall pobl ddeall y byd o'u cwmpas yn well heb orfod teithio i weld yr effaith a gawn ar ein planed
- Rhagor o ffynonellau ynni amgen adnewyddadwy, e.e. tyrbinau gwynt, paneli solar, dargludyddion ynni hydro
- Cyfryngau cymdeithasol i bobl ifanc sydd ond yn caniatáu mynediad i'r rhai o dan 18 oed i ddiogelu pobl ifanc
- Mannau parcio a thanio ar gyfer ceir trydan
- Mynediad i'r holl safleoedd am wybodaeth, Canllaw a Chymorth / hefyd gwybodaeth o gwmpas gwasanaethau cyhoeddus
- Mae angen i fwydydd iach a bwydydd ffres fod yn fwy fforddiadwy
- Dylai pob ysgol gael Cynorthwywyr Cefnogi Dysgu Emosiynol (ELSA)
- Rhagor o ddewis mewn addysg
- Rhagor o brentisiaethau
- Rhagor o gyfleoedd am glybiau ymarfer corff am ddim i bobl ifanc
- Cynlluniau bwyd a pheccynnau / canllawiau ar gyfer storio bwyd mewn tywydd oer a pheryglus a faint ohono i'w gadw



Cymru Iachach - Ble mae pawb yn iachach ac yn gallu gweld y meddyg pan fo'r angen; ac yn fwy parod i'w helpu eu hunain.



Beth sy'n gwneud yn dda nawr

- Cefnogi iechyd meddwl ac iechyd corfforol yn yr ysgol
- Rhaglen Cefnogi Myfyriwr (RhCM / SAP)
- ELSA
- Cynghorydd wedi ei leoli yn yr ysgol
- Chwaraeon/parciau awyr agored
- Hysbysebu da ar gyfer teithiau cerdded a pharciau
- Cyfleusterau Chwaraeon
- Chwarae'n seiliedig ar berthynas

Symud ymlaen - Beth ellir ei wella

- Rhagor o arian ar gyfer offer AG
- Rhagor o oriau ar gyfer gwersi AG mewn ysgolion
- Gwell mynediad at dimau argyfwng iechyd meddwl
- Strydoedd aml-ddefnydd yn hyrwyddo seiclo
- Hyrwyddo gwell ffydd o goginio
- Rhagor o ddarpariaeth i'r ifanc
- Tai bwyta yn gweini bwyd mwy iach
- Gwell mynediad at wasanaethau Meddyg Teulu
- Cyfleusterau gym a nofio a chwaraeon rhatach
- Rhagor o afiechydon yn cael eu hiachau





**Cymru fwy cyfartal -
Ble mae pawb yn cael
yr un cyfle waeth beth
yw eu cefndir.**

Beth sy'n gwneud yn dda nawr

- Llais gan bawb yn yr ysgol (disgyblion yn ogystal ag oedolion)
- Athrawon yn gwrando ar ddisgyblion
- Ymagweddau adferol yn cael eu defnyddio mewn ysgolion
- Pawb yn cael pleidleisio mewn ysgol ar gyfer gwahanol bethau

Symud ymlaen - Beth ellir ei wella

- Yr un cyfleoedd i bawb gael mynediad at addysg uwch
- Llywodraeth i gefnogi pobl ifanc gyda thâl
- Rhagor o addysg ynghylch gwahaniaethu
- Trin pob disgybl yr un peth
- Dylai pawb gael yr hawl i briodi pwy bynnag y mae am ei briodi
- Dylai carcharorion gael caniatâd i bleidleisio mewn etholiadau



Cymru o gymunedau cydlynnus - ble gall gymunedau gydfyw'n hapus.



Beth sy'n gwneud yn dda nawr

- Ffrindiau a theulu
- Siop y gornel / Siop leol
- Parciau
- Clybiau, clybiau ieuenctid, clybiau athletig, clybiau ar ôl ysgol, brownies/sgowtiaid
- Caeau chwarae
- Lido ym Mhontypridd / canolfannau hamdden
- Mannau gwyrdd / coetiroedd
- Trenau a bysiau yn nes at adref
- Gwahanol genedlaethau / pobl â gwahanol ieithoedd yn byw yn yr un gymuned
- “Mae Merthyr yn unigryw”
- Gweithgareddau iach mewn ysgolion
- Pontio i'r ysgol uwchradd
- Sgiliau Bagloriaeth Cymru

Symud ymlaen - Beth ellir ei wella

- Rhagor o wagleoedd gwyrdd / darparu gerddi cymunedol
- Rhagor o swyddi ond nid ar draul gwagleoedd gwyrdd
- Hyrwyddo ceir trydan
- Cymuned lanach
- Trafnidiaeth - rhagor o lwybrau, oriau hirach, rhagor o gysylltiadau
- Gwell golau stryd
- Gwell llwybrau
- Gwell siopau
- “Clybiau / Siopau Diwylliant”
- Rhagor o glybiau i ferched a rhagor o glybiau cymysg
- Rhagor o ddewis gyda chwaraeon e.e. hoci
- Defnyddio cyfleusterau ysgol ar gyfer grwpiau cymunedol
- Rhagor o ddiwyddiadau ar y cyd gydag ysgolion eraill
- Rhagor o dripiâu ysgol
- Gwersi sgiliau bywyd mewn ysgolion
- Rhagor o ganolbwyntio ar wersi codi ymwybyddiaeth mewn ysgolion ynghylch ymwybyddiaeth wleidyddol / grefyddol, LGBT a phroblemau iechyd meddwl ymhlith pobl ifanc
- Hyrwyddo bwyta'n iach - dylai pob ysgol fod yn ysgol iach
- Datblygu arweinwyr ifanc
- Rhagor o ddarpariaeth anghenion arbennig / ychwanegol - dosbarthiadau “meithrin”, staff arbenigol
- Cyfrifiaduron newydd a diweddarau meddalwedd mewn ysgolion
- “Creu fideos / ffilmiau i hyrwyddo ein syniadau”

Cymru â diwylliant bywiog ble mae'r Gymraeg yn ffynnu - Ble mae gennym lawer o gyfleoedd i wneud gwahanol bethau a ble y gall llawer o bobl siarad y Gymraeg.

Beth sy'n gwneud yn dda nawr

- TGAU Cymraeg fel opsiwn
- Ysgolion cynradd Cymraeg
- Canolfan yr Urdd
- Gŵyl yr Eisteddfod a'i gwaith mewn ysgolion
- Trafnidiaeth allan o'r sir i ysgolion Cymraeg

Symud ymlaen - Beth ellir ei wella

- Mae angen ysgol uwchradd Gymraeg ym Merthyr Tudful i wella'r gymuned Gymraeg ei hiaith
- Annog ysgolion uwchradd i gael gwasanaethau Cymraeg
- Gweithio â siopau a chymunedau i'w hannog i siarad Cymraeg a hysbysebu fod siaradwyr Cymraeg ganddynt
- Rhagor o ddathliadau Cymraeg - defnyddio'r pentref byd eang fel llwyfan Cymraeg
- Marchnata'n well ar gyfer Soar a'r cyfleoedd sydd yno
- Datblygu twristiaeth ym Merthyr i fod yn ddwyieithog a datblygu ein hanes diwylliannol
- Rhagor o gyfleoedd yn y Gymraeg i bobl ifanc



Cymru sy'n gyfrifol ar lefel byd eang - Ble'r ydym yn gofalu ar ôl yr amgylchedd ac yn meddwl am bobl eraill o gwmpas y byd.

Beth sy'n gwneud yn dda nawr

- Aildefnyddio papur
- Ailgylchu papur, plastig, cardfwrdd
- Ailgylchu gwastraff bwyd
- Rhagor o ymwybyddiaeth am ddiffodd trydan, e.e. golau a chyfrifiaduron
- Prynu dodrefn a dillad ail-law
- Tyfu eich llysiau eich hun
- Anfon dillad i'r banciau dillad i helpu eraill

Symud ymlaen - Beth ellir ei wella

- Bod yn fwy meddylgar am bobl eraill
- Bod yn fwy cyfrifol am eich llygredd eich hun, e.e. sbwriel, sŵn
- Gwella ffordd o feddwl fel bod aildefnyddio, ailgylchu a lleihau yn norm
- Prynu llai o eitemau newydd, e.e. adfer dodrefn ail-law ac addasu dillad ail-law
- Ailgylchu rhagor o ddŵr, e.e. defnyddio casgen ddŵr
- Gwella trafnidiaeth gyhoeddus, rhagor o lonydd seiclo a rhannu ceir a gwella llwybrau cerdded i an-nog ffordd o fyw iachach a mwy amgylcheddol gyfeillgar
- Rhagor o le i gadw beiciau ac annog beicio
- Llai o becynnu plastig
- Ffeirio llyfrau, defnyddio'r llyfrgell fwy
- Rhagor o siopau i werthu ffrwythau a llysiau rhydd
- Ceir trydan
- Gosod paneli solar ar ragor o dai
- Bod yn fwy ymwybodol o'n hôl-troed byd eang
- Prynu'n lleol a phrynu ffrwythau a llysiau yn eu tymor
- Mae rhagor o archfarchnadoedd yn gwerthu ffrwythau a llysiau "amherffraith"
- Defnyddio cynwysyddion y gellir eu hail-lenwi ar gyfer diodydd poeth ac oer
- Defnyddio llai o chwistrellau e.e. diaroglydd, sefydlyn gwallt - gellir prynu eitemau amgen
- Defnyddio poteli llaeth gwydr yn lle rhai plastig
- Rhagor o ffynonellau dŵr i ail-lenwi poteli diod



Nodiadau

Defnyddiwch y dudalen hon ar gyfer eich nodiadau. Edrychwn ymlaen at glywed unrhyw sylwadau pellach oddi wrthyhych.